

Contributive Learning

Understanding who you are
Connecting with others
Knowing what you need to
Developing key competencies



Learning to **add** to the
world in your way.



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Reflect

Understanding...

- Who you are
- How you fit into the world
- How you can contribute
- Your capacity for success

Watch

What is Contributive Learning_

Read

Contributive Learning, a paper by Joanne McEachen & Matthew Kane

Commitment

Set aside time each day to focus on your well-being. Commit to taking 10+ minutes each day to complete the calendar items!

Read

Moments of Joy a blog post by TLF Founder and Global Education Leader, Joanne McEachen.

Reflect

On your Connections:

- The people you know
- Your environments
- Your learning
- The world

Watch

Reflect, Recharge and Reconnect: A Plan for Personal Well-Being.

Identity

Think about what your favorite hobbies are, and spend some time doing them this week. What it is about them that you love?

Watch

Universal Outcomes of Contributive Learning.

Choice Read

Go to the TLF Blog and choose something that catches your eye to read!

Collaboration

Think of someone in your life who's trying to accomplish something, and do everything you can to work with them to achieve it. What can you bring to the table to help them?

Read

Meaning and Fulfillment Is the New Wealth in Strive: Inspiration for Innovation Magazine.

Interpersonal

Is there someone in your life who's been down, or who's having a hard time? Come up with a way to brighten their day.

Choice Read

Go to the TLF Blog and choose something that catches your eye to read!

Place

What are your favorite places in the world and why? Which have had the biggest impact on your life?

Watch

Inclusion of Student Agency, a Linked Up Podcast with TLF CEO Deb Dunstone

Watch

TLF Video Series: Rob Proffitt-White on Self Understanding.

Critical Thinking

Read or listen to an opinion piece in a newspaper, magazine, online, etc., and identify the points that you agree with and disagree with, and why.

Listen

Measuring Human Return Podcast Chapter 1

Environmental

Come up with some ways you can make your home more environmentally sustainable.

Explore

Check out the TLF Resource Hub and a resource and share it with a colleague!

Purpose

Think about three ways you can contribute to someone's life or the world this week. What makes you choose those three? Try to make them happen, and reflect on your experiences.

Choice Read

Go to the TLF Blog and choose something that catches your eye to read!

Read

Moving Beyond Knowledge: 4 Learning Outcomes that Lead to Fulfilling Lives a "voices from the field" article for Education Reimagined.

Creativity

Come up with a new way of doing something that's meaningful to you. It could be making an improvement to a daily routine, inventing a new move on the field or court, coming up with a new recipe, or anything else.

Listen

"The Maori Way of Learning" a Signature Leadership Podcast with Joanne McEachen.

Conceptual

What's the one thing you most want to learn more about? Think about ways to learn more and then take time over the next week to learn!

Read

The Good & the Bad: Equity, Assessment, and the Great Education Crisis

Capacity

Write down some of your goals for the day, the week, the year, etc. Create an action plan with three steps you can take to achieve one of your goals.

Read

Contributive Learning, Learning to Add to the World, a blog post written for the Aurora Institute.

Choice Read

Go to the TLF Blog and choose something that catches your eye to read!

Communication

What are some of the ways you communicate? Are there some you enjoy more than others? Why?

Read

The Magic of Teaching, a blog post by TLF CEO Deb Dunstone.

Universal

Choose a country or culture that you don't know much about and learn three new things about it. Do the things you learned give you a new perspective on your own life?

Reflect

Think about your month of Contributive Learning. What did you learn? How will you continue to contribute, each day, in your way?

Fridays are all about
Connections

Wednesdays
are for
Competencies
in action and
reflection