

Identity

Learners will:

- SEL.SU.A.1: Understand and celebrate their cultural identity and the identity of their family.
- SEL.SU.A.2: Identify their interests and hobbies.
- SEL.SU.A.3: Discover their values and beliefs, what is important to them, and what they are passionate about.
- SEL.SU.A.4: Describe their personalities, identifying traits and characteristics they value as well as those they would change or hope to develop.
- SEL.SU.A.5: Identify and describe different feelings and emotions, along with their causes and effects.
- SEL.SU.A.6: Understand their abilities and relative strengths and challenges, including areas they would most like to improve.
- SEL.SU.A.7: Understand who they are as a learner—what they find meaningful, interesting or stimulating, and the ways they learn best.